

ZEN GARDEN

Starters

- House Special Combo - minimum 2 persons 🌶️🍄
(Sesame prawn on toast, seaweed, shredded smoked chicken, honey ribs & sweet & sour wanton) £7.80 pp
 - Dim Sum Combo - minimum 2 persons £7.80 pp
(Crispy prawn dumplings, siu mai, spring rolls & char siu bao)
 - Sesame Prawn on Toast £5.70
 - Prawn Wrap with Crispy Noodle £7.80
 - Satay King Prawns (4 skewers) 🌶️🍄 £7.50
 - Tempura King Prawns (4) £7.50
 - Squid in Salt & Chilli 🌶️ £7.00
 - Aromatic Crispy Lamb £9.50
(Served with iceberg lettuce & hoi sin sauce)
 - Shredded Smoked Chicken 🌶️ £6.70
 - Satay Chicken (4 skewers) 🌶️🍄 £6.70
 - Crispy Chicken Wings in Salt & Chilli 🌶️ £5.50
 - Barbecued Spare Ribs (Dry or with Sauce) £7.50
 - Honey Spare Ribs £7.50
 - Sweet and Sour Spare Ribs £7.50
 - Spicy Ribs in Salt & Chilli 🌶️ £7.50
 - Lettuce Wrap a) Seafood £7.50
c) Vegetables 🌿 £7.80
d) Chicken £7.80
 - Meat Spring Rolls (6) £4.80
 - Vegetarian Spring Rolls (8) 🌿 £4.80
 - Edamame Beans 🌿 £5.50
 - Vegetarian Tempura (with sweet and sour) 🌿 £7.20
 - Crispy Seaweed 🌿 £4.80
 - Prawn Crackers £2.00
- ### Dim Sum
- Har Gau (5) (Steamed prawn dumplings) £5.00
 - Siu Mai (5) (Steamed prawn and pork dumplings) £5.00
 - Crispy Prawn Dumplings (5) £6.80
 - Pan Fried Peking Dumplings (5) (Pork) £5.50
 - Steamed Shanghai Dumplings (4) (Pork) £5.50
 - Sticky Rice with Meat (2) (Wrapped in lotus leaf) £8.50
 - Pan Fried Vegetarian Dumplings (5) 🌿 £5.50
- ### Soups
- House Special (Crabmeat & prawns) £5.00
 - 39M. Chicken and Mushroom Soup £4.70
 - 39C. Crabmeat and Sweetcorn Soup £5.00
 - Wonton Soup (Minced Prawns in soft pastry) £4.80
 - Chicken and Sweetcorn Soup £4.50
 - Chicken Noodle Soup £4.50
 - Hot & Sour Soup 🌶️ £4.50
 - Vegetable Soup 🌿 £4.00
- ### Seafood
- Soft Shell Crab with Salt & Chilli 🌶️ £9.80
 - Thai Fish Cake (5) 🌶️ £7.00
 - Steamed Sea Bass (please enquire) £19.50
 - Deep Fried Scallops in Salt and Chilli 🌶️ £9.80
 - Scallops with Broccoli £9.80
 - Seafood Supreme in Oyster Sauce £9.00

King Prawns

- Kings Prawns "Szechuan Style" 🌶️ £8.80
- King Prawns with Ginger and Spring Onions £8.80
- Kung Po King Prawns 🌶️ £8.80
- King Prawns with Mushrooms £8.80
- King Prawns in Black Bean and Garlic Sauce 🌶️ £8.80
- King Prawns with Cashew Nuts in Yellow Bean 🍄 £8.80
- King Prawns with Cashew Nuts in White Wine 🍄 £8.80
- King Prawns in Salt & Chilli 🌶️ £8.80
- Steamed unshelled King Prawns in Garlic n Ginger Sauce £10.00
- King Prawns with Mixed Vegetables £8.80

Duck

- Aromatic Crispy Duck Quarter £9.80
Half £17.80
(Softer finish with hint of peppercorn flavour)
Served with pancakes, salad & hoi sin sauce
- Roast Duck "Cantonese Style" £8.20
- Duck in Black Bean and Garlic Sauce 🌶️ £8.20
- Duck with Ginger and Spring Onions £8.20
- Duck with Orange Sauce £8.20
- Duck with Lemon Sauce £8.20

Beef

- Crispy Shredded Beef 🌶️ £7.80
- Beef with Black Bean and Garlic Sauce 🌶️ £7.80
- Beef with Ginger and Spring Onion £7.80
- Beef with Broccoli £7.80
- Beef in Oyster Sauce £7.80
- Five Spiced Chilli Beef 🌶️ £7.80

Poultry

- Chicken "Szechuan Style" 🌶️ £7.50
- Chicken with Mushrooms £7.50
- Kung Po Chicken 🍄🌶️ £7.50
- Chicken in Black Bean and Garlic Sauce 🌶️ £7.50
- Chicken with Cashew Nuts in Yellow Bean Sauce 🍄 £7.50
- Chicken with Cashew Nuts in White Wine Sauce 🍄 £7.50
- Chicken with Ginger and Spring Onions £7.50
- Chicken Chinese Style with BBQ Sauce £7.50
- Chicken with Hot Chilli Bean Sauce 🌶️ £7.50
- Lemon Chicken £7.50
- Chicken with Mixed Vegetables £7.50

Pork

- Pork "Cantonese Style" with BBQ Sauce £7.50
 - Twice Cooked Pork with Chilli 🌶️ £7.50
 - Minced Pork with Glass Noodles £8.50
 - Five Spiced Chilli Pork 🌶️ £7.50
- ### Sweet & Sour
- Sweet and Sour King Prawn £8.80
 - King Prawn Balls £8.80
 - Sweet and Sour Chicken £7.50
 - Chicken Balls £7.50
 - Sweet and Sour Pork £7.50
 - Sweet n Sour Vegetables 🌿 £6.00
 - Sweet n Sour Sauce £2.00

Curry

- Curry Special £8.70
- Curry King Prawns £8.70
- Curry Beef £8.00
- Curry Chicken £7.50
- Curry Vegetables 🌿 £6.00
- Curry Sauce 🌿 £2.00

Vegetables

- Chinese Mixed Vegetables 🌿 £6.00
- Pak Choi with Garlic (or) Oyster Sauce 🌿 £6.20
- Aubergine with Garlic and Chilli Sauce 🌶️🌿 £6.20
- Broccoli with Garlic and Ginger 🌿 £6.20
- Stir Fried Beansprouts 🌿 £5.20
- Mixed Vegetables in Black Bean and Garlic Sauce with Cashew Nuts 🌶️🍄 £7.20

Tofu and Beancurd

- Ma Po Tofu (Diced tofu with minced beef and chilli) 🌶️🍄 £8.00
- Bean curd "Szechuan Style" 🌶️🌿 £6.50
- Bean curd with Black Bean and garlic sauce 🌶️🌿 £6.50
- Bean curd Dry Fried with Salt and Chilli 🌶️🌿 £6.50

Rice

- Special Fried Rice £5.50
- King Prawn Fried Rice £8.50
- Chicken Fried Rice £5.50
- Vegetable Fried Rice 🌿 £5.50
- Singapore Fried Rice 🌶️ £5.50
- Egg Fried Rice £3.50
- Steamed Rice 🌿 £3.00

Chow Mein (soft or crispy) and Noodles

- Seafood Chow Mein £8.80
- Pork Chow Mein £7.20
- Special Chow Mein £8.20
- King Prawn Chow Mein £8.80
- Beef Chow Mein £7.80
- Chicken Chow Mein £7.50
- Vegetable Chow Mein 🌿 £6.50
- Plain Chow Mein 🌿 £5.20
- Singapore Noodles (Vermicelli) 🌶️ £6.80
- Vegetarian Singapore Noodles 🌶️🌿 £6.80
- Seafood Hofun £9.00
- Special Hofun £9.00
- Beef Hofun in Black Bean and Garlic Sauce 🌶️ £8.80
- Dry Beef Hofun £8.80
- Vegetarian Hofun 🌿 £7.50

Chef's Specials

- Roast Duck Rice £8.70
- Zen House Special Rice £8.00
- Chips 🌿 £7.50
- Tiger King Prawns in Butter and Garlic Sauce £6.00
- Pan Fried Salmon with Ginger and Garlic £2.00
- French Beans in Salt and Chilli 🌶️🌿 £6.00
- Dragon King Prawns with Scallops, ginger and spring onions £6.20
- Fillet Steak Cantonese Style £6.20
- Thai Red Curry King Prawns 🌶️ £6.20
- Thai Red Curry Roast Duck 🌶️ £5.20
- Grilled Chicken "Peking Style" £7.20
- Thai Green Curry Chicken with Pineapples 🌶️
- French Beans in Black Bean Sauce 🌶️🌿
- Double Happiness 🌶️
Minced prawn infused with tofu and aubergine served in black bean sauce)

Desserts

- Toffee Banana (5) £4.50
- Banana Fritters in Syrup (2) £4.50

Drinks to take away

- ASAHI LAGER £3.50
TSINGTAO BEER £3.50
TIGER LAGER £13.00
House Red Wine Bottle 75cl £13.00
House White Wine Bottle 75cl £1.50
Soft Drinks - 330ml Can
Coke, Diet Coke, Lemonade, Tango

Special Set Menus

- Set Menu A for two persons £31.00
£8.00
£8.00
£3.50
£10.00
£9.00
£7.00
£14.80
- Crispy Spring Rolls, Honey Spare Ribs
Sweet and Sour Chicken Hong Kong Style
Beef in Black Bean and Garlic Sauce 🌶️
Special Fried Rice
- Set Menu B for two persons £36.00
£15.00
£9.80
£9.50
£8.00
£7.80
£8.00
£11.50
- Sesame Prawn Toast, Crispy Seaweed 🌿
Quarter an Aromatic Crispy Duck
Crispy Shredded Beef 🌶️
Chicken with Cashew Nuts in White Wine Sauce 🍄
Special Fried Rice
- Set Menu C for three persons £59.80
£4.50
£4.50
- BBQ Spare Ribs with Sauce, Shredded Smoked Chicken 🌶️
Crispy Seaweed 🌿
King Prawns "Szechuan Style" 🌶️
Beef in Black Bean and Garlic Sauce 🌶️
Chicken with Cashew Nuts with White Wine Sauce 🍄
Special Rice
- Set Menu D for four persons £86.80
- House Special Combo for 4 🌶️
Half Aromatic Crispy Duck
King Prawns in Black Bean and Garlic Sauce 🌶️
Crispy Shredded Beef 🌶️
Chicken with Mixed Vegetables
Special Fried Rice, Plain Chow Mein 🌿

